

SPECIAL SIBLINGS

**Youth Led Support Group
with Laura Reichgut, LCSW
for Siblings (Grades 5-8) of People with Special Needs
in partnership with SOMSD's Parenting Center**

**Tuesday, June 12, 3:45 pm - 5:15pm
The Parenting Center Meeting Room, 3rd Floor
525 Academy Street, South Orange NJ
(behind Columbia High School)
Snacks provided**

Do you ever feel like it is difficult to have a sibling with special needs? Do you sometimes feel like you're alone, and there isn't a place to share your thoughts or feelings? SPECIAL SIBLINGS gives you a free, safe space to talk to other kids in the same situation. Please join us!

Discussion topics may include
What is my place in my family?
Do people pay attention to me?
How do I deal with my emotions?
How can I help my loved ones?
How do I talk to others about my family?